



Mealtime Solutions

Limited Range of Motion | Incoordination & Tremors | Dysphagia | Limited Grasp
Vision Impairment | Hemiplegia & Paralysis

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**DIRECT
SUPPLY**

Mealtime Solutions

Certain conditions can make eating difficult for residents. These pieces, from specially designed glassware to weighted utensils, have the ability to transform dining for residents with unique needs. We've selected some of our most innovative and top-selling eating aids to help you find the right solutions for your residents. Find more at **DirectSupply.net**, search **Eating Aids**.

Hand contractures, spasticity and arthritis can limit your residents' range of motion and make using traditional utensils painful. Ease stress on joints and reduce pain by selecting options with larger handles and grips. With a comfortable grasp, dining can become a time to be savored.

LIMITED RANGE OF MOTION

Consider: Nosey Cups, Two-handed Cups, Bendable or Angled Utensils



A. Maddak Sure Grip Cup

- Specially designed lid makes it possible to drink without raising the head

#88W81 Easy Grip Cup, Blue
#E1575 Replacement Lids, Pack of 2
#E1576 Optional Handle

B. Nosey Cutout Tumbler

#20561 Tumbler, 4 oz.
#20562 Tumbler, 8 oz.
#20563 Tumbler, 12 oz.

C. Kennedy Spill Proof Cup with Lid

- Once the lid is screwed on, liquid will not spill out even when turned upside down

#20612 7 oz. Cup
#20613 Replacement Lid, Case of 6

D. Flo-Trol™ Feeding Cup

#E3523 8 oz. Cup
#E3524 Base (not shown)



E. Novo Cup

#E1572 Novo Cup
#E1573 Replacement Straws, pack of 10



F. Sure Grip Bendable Utensils

#90348 Utensil Set, Set of 4
#90349 Bendable Rocker Knife
#90350 Bendable Fork
#90351 Bendable Tablespoon
#90352 Bendable Teaspoon



G. Direct Supply® Foam Handle Utensils

#8Y430 Foam Handle Offset Spoon, Right
#FQ994 Foam Handle Offset Spoon, Left

INCOORDINATION & TREMORS

Consider: Weighted Utensils,
Built-up Handles, Scoop Dish,
Two-handled Cups

Weakness and hand tremors can make eating on one's own extremely difficult – even to the point of losing one's appetite. Counteract tremors with specialized utensils to make eating easy. With weighted handles and larger grips, residents regain coordination and can enjoy mealtimes once again.



A. Two-Handled Mug

#20559 Two-Handled Mug, 10 oz.

#66B90 Two-Handled Mug, 8 oz.

Replacement Lids

#66B92 Anti-Splash Lids, Pack of 6

#66B93 Vacuum Lids, Pack of 6

B. Rocker Knife

#81598 Rocker Knife, 3½"L



C. Direct Supply® Comfy Grip Utensils

#H9866 Fork, Weighted

#H9868 Rocker Knife, Weighted

#H9870 Serrated Knife, Weighted

#H9872 Tablespoon, Weighted

#H9874 Teaspoon, Weighted





D. Direct Supply® Adjustable Weighted Utensils

- #H9858 Fork
- #H9859 Knife
- #H9860 Tablespoon
- #H9861 Teaspoon

Built-up Weighted Utensils

- Add or remove weights to change weight from 2 to 8 ounces
- Stability for those with Parkinson's or tremors



E. Scoop Bowl

- Suction-cup base
- #6MV64 Scoop Bowl

F. Direct Supply® Two-Handled Weighted Cup

- Wide, weighted base helps keep the cup stable

- #H9864 Two-Handled Weighted Cup, Clear
- #4HQ68 Replacement Spouted Lid

G. Direct Supply® Weighted Mug

- #H9919 12 oz. Mug
- #H9999 Replacement Lid, Set of 6



F



G

DYSPHAGIA

Consider: Feeding Cups, Safe Straws

For residents with dysphagia, drinking small sips is necessary to reduce the risk of choking and aspiration. Help control liquid intake with the right drinkware. These specialized cups not only control sip size, but also can help residents maintain the right head and neck posture to make drinking easier.



Provale Cup

- Limited flow cup for the delivery of thin liquids
- Tip to drink, cup delivers small sips, tip back to refill chamber

A

B

C

#E3523

#E3524

A. Provale Drinking Cup

- Simply by tipping the Provale Cup in a normal drinking motion, the cup delivers small sips (5cc = one teaspoon; 10cc = two teaspoons)

#E3526 Blue, 5cc

Replacement Lid

#G0345 Lid, 5cc

B. Flo-Trol™ Feeding Cup

- Prevent dribbles and spills
- Can be positioned in an optional base

#E3523 Cup, 8 oz.

#E3524 Base

C. Maddak Sure Grip Cup

- Specially designed lid makes it possible to drink without raising the head

#88W81 Easy Grip Cup, Blue

#E1575 Replacement Lids, Pack of 2

#E1576 Optional Handle

D. Provale Drinking Cup

#E3527 Brown, 10cc

Replacement Lid

#G0346 Lid, 10cc



D



E

E. Weighted Base Dysphagia Cup

- Oval shape helps the flow of liquid

#2TM70 Green, 8 oz.

#2TM71 Almond, 8 oz.



Vision impairment can make it difficult for seniors to locate food on their plate or identify utensils. Top causes of vision problems in seniors include Macular Degeneration, Glaucoma, Diabetic Retinopathy, Cataracts, Temporal Arteritis. Eating aids with tactile and high-contrast features can help seniors with visual challenges enjoy meals more independently.

VISION IMPAIRMENT

Consider: High-Contrast Plates,
Color-Banded Dinnerware,
Large-Print Menus

F. Dalebrook Omni

Discreet features designed for elderly or impaired diners:

- Lightweight, durable, food-safe melamine
- Deep internal wall to replace the need for a separate food bumper
- Wide rim with underside lip to help grip
- Silicone feet to prevent surface slipping
- High-contrast rim to assist visual impairment

	White	Blue	Red
9" Plate, Case of 6	#GJH38	#GJH40	#GJH42
9" Deep Plate, Case of 6	#GJH31	#GJH33	#GJH35
7" Plate, Case of 6	#GJH37	#GJH39	#GJH41
5" Saucer, Case of 6	#GJH46	#GJH47	#GJH48
13.5 oz. Bowl with Rim, Case of 6	#GJH24	#GJH25	#GJH26
10 oz. Bowl with Rim, Case of 6	#GJH30	#GJH32	#GJH34
6.75 oz. Cup with Handle, Case of 6	#GJH27	#GJH28	#GJH29
10 oz. Mug with Handle, Case of 6	#GJH43	#GJH44	#GJH45

Accessories

Silicone Sip Lid	#GJH49
Silicone Funnel Lid	#GJH36



G. Direct Supply® Jamboree Dinnerware

- Colored band creates differentiation between plate and tablecloth for residents with vision issues

Raspberry

#E0591	9" Plate, Case of 24
#E0592	6½" Plate, Case of 36
#E0595	4 oz. Fruit Bowl, Case of 36
#E0593	8 oz. Bouillon Bowl, Case of 36
#E0594	12 oz. Grapefruit Bowl, Case of 36
#E0596	7 oz. Mug, Case of 36



H. G.E.T. Tritan Mug with Handle

- Bright colors help stimulate ALZ and dementia patients
- Break-resistant 100% BPA-free tritan construction
- Lid not included

#88X67	Clear, Case of 24
#88X68	Rainforest Green, Case of 24
#88X69	Ivory, Case of 24
#88X70	Peacock Blue, Case of 24
#88X71	Rio Orange, Case of 24
#88X72	Red Sensation, Case of 24
#88X73	Tropical Yellow, Case of 24
#54922	Replacement Single Opening Lid, Case of 24
#54923	Replacement Perforated Lid, Case of 24



LIMITED GRASP

Consider: Built-up Handle Utensils, Utensil Holders, Two-handled Cups

Hand function is essential to a person's independence. Help residents with limited grasps maintain their quality of life with modified utensils and more. These specialized handles help residents grasp pieces more firmly so they can continue to eat independently.



A. Good Grips®

- #64X76 Fork
- #64X80 Small Spoon
- #64X78 Teaspoon
- #64X79 Tablespoon
- #64X75 Souper Spoon
- #64X77 Rocker Knife
- #64X81 Sample Kit, Set of 5



B. Direct Supply® Foam Handle Utensils

- #8Y429 Foam Handle Knife
- #8Y441 Foam Handle Tablespoon
- #8Y430 Foam Handle Offset Spoon, Right
- #FQ994 Foam Handle Offset Spoon, Left
- #FQ993 Foam Handle Fork
- #FQ995 Foam Handle Teaspoon
- #FQ996 Foam Handle Utensil Set





E. Direct Supply® Utensil Holder Block

#8Y457 Universal Holder Block



F. Universal Built-Up Handle

#E1580 Universal Handle, Pack of 4



C. Direct Supply® Able Grips

#2BC9X Able Grip Utensil Set
#2BC9V Tablespoon
#2BC9W Teaspoon
#2BC9R Fork
#2BC9T Knife
#2BCB6 Full Set



D. Direct Supply® Foam Utensil Grips

#H9884 Red, 1½" OD x ¾" ID x 12"L, Pack of 6
#H9885 Blue, 1½" OD x ¾" ID x 12"L, Pack of 6
#H9886 Blue, 1½" OD x ¾" ID x 12"L, Pack of 4
#H9887 Tan, 7/8" OD x ¼" ID x 12"L, Pack of 6
#H9888 Assorted 12"L, Pack of 6



G. Direct Supply® Comfy Grip Utensils

#H9865 Fork
#H9866 Fork, Weighted
#H9867 Rocker Knife
#H9868 Rocker Knife, Weighted
#H9869 Serrated Knife
#H9870 Serrated Knife, Weighted
#H9871 Tablespoon
#H9872 Tablespoon, Weighted
#H9873 Teaspoon
#H9874 Teaspoon, Weighted

HEMIPLEGIA & PARALYSIS

Consider: Lip Plates, Scoop Bowls, Food Guards, Angled or Bendable Utensils, Rocker Knives

Those with use of only one hand can find eating on their own to be a frustrating endeavor. But with the right products – like rocker knives and angled utensils – these residents are able to use their stronger arms to eat without assistance. These simple modifications can transform the dining experience.



Scoop Dish

- Low front and high back
- Ideal for limited muscle control or the use of one hand

A. High-Sided Dish

#6HP06 High-Sided Dish, 7¾" dia.

B. Stay Bowl

- Lifting rim, opposite the handle, provides extra stabilization when lifting and transporting the bowl

#E1581 White/Light Gray

C. Direct Supply® 3-Compartment Divided Plate

#H9875 3-Compartment Plate

D. Direct Supply® Food Guard

- Raised lip, non-slip feet on bottom

#H9891 Stainless Steel, for 9" to 10" Plates
#H9890 Speckled Polycarbonate, for up to 8" Plate

E. Melamine Scoop Dish & Bowl

#81606 Dish, 7¾" Dia.
#H9938 Bowl, 6½" x 5½"

F. Direct Supply® Inner Lip Plate with Suction Feet

#2RYCM Inner Lip Plate with Suction Feet





G. Plastic Food Guard

- Prevents food from being pushed off plate
- Molded clips for plates 8" – 10¾" dia.

#L7106 Plastic Food Guard, Blue
#L7107 Plastic Food Guard, White



H. Direct Supply® Able Grips

#2BC9T Rocker Knife

I. Direct Supply® 9" Lip Plate

- High wall with inner lip keeps food from sliding off the plate and can be used to push food on the utensil

#H9911 Lip Plate, Speckled



J. Direct Supply® Foam Handle Utensils

#8Y430 Foam Handle Offset Spoon, Right
#FQ994 Foam Handle Offset Spoon, Left



For our complete selection of eating aids,
visit **DirectSupply.net**, search: **Eating Aids**

