Mealtime SOLUTIONS

Discover eating aids to help your residents regain independence
Certain conditions can make eating difficult for residents. But with the right dinnerware, utensils and more, residents can regain some of their independence. These pieces, from specially designed glassware to weighted utensils, have the ability to transform dining for residents with unique needs. We’ve selected some of our most innovative and top-selling eating aids to help you find the right solutions for your residents.
LIMITED RANGE OF MOTION

Hand contractures, spasticity and arthritis can limit your residents’ range of motion and make using traditional utensils painful. Ease stress on joints and reduce pain by selecting options with larger handles and grips. With a comfortable grasp, dining can become a time to be savored.

A. Maddak Sure Grip Cup
   #E1574 Easy Grip Cup
   #E1575 Replacement Lids pack of 2
   #E1576 Optional Handle

B. Novo Cup
   #E1572 Novo Cup
   #E1573 Replacement Straws pack of 10

C. Kennedy Spill Proof Cup with Lid
   #20612 Cup

D. Nosey Cutout Tumbler
   #20561 Tumbler, 4 oz.
   #20562 Tumbler, 8 oz.
   #20563 Tumbler, 12 oz.

E. Flo-Trol™ Feeding Cup
   #E3523 Cup
   #E3524 Base

F. Wonderflo® Cup
   #03230 Cup, 8 oz.
Weakness and hand tremors can make eating on one’s own extremely difficult – even to the point of losing one’s appetite. Counteract tremors with specialized utensils to make eating easy. With weighted handles and larger grips, residents regain coordination and can enjoy mealtimes once again.
A. Rocker Knife
   #81598 Rocker Knife, 3 1/2"L

B. Adjustable Weighted Utensils – customize weight from 2 - 8 oz.
   #03440 Teaspoon
   #03441 Plastic-Coated Teaspoon
   #03436 Tablespoon
   #03187 Fork
   #03292 Serrated Knife

C. Two-Handled Mug
   #20559 Mug, 10 oz.
   #20560 Replacement Lid

D. Tritan Mug with Handle
   #54921 8 oz. Two-Handle Mug, 3 3/4" Deep case of 24
   #54920 8 oz. Single-Handle Mug, 3 3/4" Deep case of 24

E. Good Grips®
   1. #13510 Fork
   2. #64024 Small Spoon
   3. #13511 Teaspoon
   4. #13508 Tablespoon
   5. #81816 Souper Spoon
   6. #13509 Rocker Knife

F. Plastisol® Coated Spoon
   #03427 Teaspoon
   #03425 Tablespoon
DYSPHAGIA

For residents with dysphagia, drinking small sips is necessary to reduce the risk of choking and aspiration. Help control liquid intake with the right drinkware. These specialized cups not only control sip size, but also can help residents maintain the right head and neck posture to make drinking easier.
A. Provale Drinking Cup
   #E3526 Provale Drinking Cup, 5cc
   #E3527 Provale Drinking Cup, 10cc

B. Flo-Trol™ Feeding Cup
   #E3523 Cup
   #E3524 Base

C. Feeding Cup with Large Mouth Piece
   #06914 Cup

D. Wonderflo® Cup
   #03230 Cup, 8 oz.
Hand function is essential to a person’s independence. Help residents with limited grasps maintain their quality of life with modified utensils and more. These specialized handles help residents grasp pieces more firmly so they can continue to eat independently.
A. Provale Drinking Cup
   #E3527 Provale Drinking Cup, 10cc

B. Good Grips®
   #13510 Fork
   #64024 Small Spoon
   #13511 Teaspoon
   #13508 Tablespoon
   #81816 Souper Spoon
   #13509 Rocker Knife

C. Universal Built-Up Handle
   #E1580 Universal Handle pack of 4

D. Foam Utensil Grip
   #81021 Foam Utensil Grip, 3'

E. Utensil Holder
   #81056 Utensil Holder
Those with use of only one hand can find eating on their own to be a frustrating endeavor. But with the right products – like rocker knives and angled utensils – these residents are able to use their stronger arms to eat without assistance. These simple modifications can transform the dining experience.
A. **High-Sided Dish**  
#70858 High-Sided Dish, 7 ³⁄₄” dia. x 1 ¹⁄₄” dia.

B. **Stay Bowl**  
#E1581 Stay Bowl, White/Light Gray

C. **Partitioned Lip Plate**  
#06967 Partitioned Lip Plate

D. **Food Guard**  
- Stainless Steel  
  #81541 For 6” to 8” Plates  
  #81540 For 9” to 11” Plates  
- Plastic  
  #81539 For 6” to 7 ³⁄₄” Plates

E. **Plastic Food Guard**  
#E3525 Plastic Food Guard

F. **Scooper Bowl**  
#07090 Scooper Bowl

G. **Triangular Suction Plate**  
#03435 Plate & 3-Suction Cups  
#03434 Extra Suction Cups pack of 3

H. **Melamine Scoop Dish & Bowl**  
#81606 Dish, 7 ³⁄₄” dia.  
#03363 Bowl, 5 ³⁄₄” x 6 ³⁄₄”

I. **Lip Plate**  
#81009 Lip Plate
For our complete selection of eating aids, visit DirectSupply.net or call 1-800-634-7328.